



L E N T

and

HOLY WEEK

2010

Saint Ann Church

481 Brewster St., Bridgeport, CT 06605

www.StAnnBlackRock.com

LENTEN ACTIVITIES

Sacrament of Reconciliation

Tuesday evenings from 7:00 p.m. to 9:00 p.m.

Saturday from 3:00 p.m. to 3:45 p.m.

Fifteen minutes prior to each Mass

Stations of the Cross

Friday afternoons at 1:15 p.m.

Friday evenings at 7:00 p.m.

Living Stations of the Cross, Friday, March 26, at 6:00 p.m.

Note: St. Ann School will sponsor a fund-raising "Fish Fry" following the Living Stations of the Cross.

Fasting and Abstinence During Lent

FASTING: Catholics who are between 18 & 59 are obligated to fast on Ash Wednesday and Good Friday. As explained by the U. S. bishops, fasting is partaking of only one full meal. Small amounts of food (not equaling a meal) are permitted in the morning and afternoon

ABSTINENCE: Catholics who are 14 and older are obligated to abstain from eating meat on Ash Wednesday, the Fridays of Lent, and Good Friday. Abstinence does not include refraining from eating meat juices or liquids made from meat.

Parish Mission with Father Michael X. Bennett

Monday, March 22: 8 a.m. Mass followed by Exposition
7:00 p.m. Exposition followed by Talk “Giving Forgiveness”

Tuesday, March 23: 8 a.m. Mass followed by Exposition
7:00 p.m. Exposition followed by Talk “Asking Forgiveness”
Individual Confessions will follow

Wednesday, March 24: 8 a.m. Mass followed by
7:00 p.m. Exposition followed by Talk
“Holy Spirit: Hot Air or Holy Fire”

Thursday, March 25 7:00 p.m. Mass
Homily: Eucharistic Presence/Healing



Father Bennett was ordained in May of 1971 for the Diocese of Harrisburg, PA. For the first 11 years following his ordination, he was involved in parish ministry. Since then, he has given parish missions and youth retreats in the United States, Canada, Europe, and Singapore. Presently he resides in Ottawa, Canada, where he founded The Gospel of Life Apostolate, a ministry in the New Evangelization and Eucharistic Presence.

HOLY WEEK ACTIVITIES

Monday, March 29	Daily Mass	8:00 a.m.
Tuesday, March 30	Daily Mass Confessions	8:00 a.m. 7:00-9:00 p.m.
Wednesday, March 31	Daily Mass	8:00 a.m.
Thursday, April 1	Morning Prayer Mass of the Lord’s Supper	8:00 a.m. 7:00 p.m.
Friday, April 2	Morning Prayer The Passion of Our Lord Stations of the Cross Confessions follow	8:00 a.m. 3:00 p.m. 7:00 p.m.
Saturday, April 3	Morning Prayer Reconciliation Blessing of the Easter Food Church Decorating Solemn Easter Vigil Mass	8:00 a.m. 10 a.m. to 12:00 p.m. 1:00 p.m. 1:30 p.m. 8:00 p.m.
Sunday, April 4	Easter Mass Easter Mass Easter Mass	8:00 a.m. 9:30 a.m. 11:00 a.m.

Note for Altar Servers, Extraordinary Ministers, and Lectors:

Rehearsal for Holy Thursday is on Thursday, April 1 at 4:00 p.m.
Rehearsal for Good Friday is on Friday, April 2 at 8:30 a.m.
Rehearsal for Easter Vigil is on Saturday, April 3 at 8:30 a.m.