

September 1, 2018

Diocesan Athletic Guidelines

The primary goal of the various Diocesan athletic programs is to provide a positive, safe environment for all student athletes; to compete and grow as athletes and to be respectful young persons in the image of Christ. All coaches and personnel affiliated with an athletic program must promote good sportsmanship and work together with parents to ensure an enjoyable atmosphere for these athletes. All athletes, coaches, and parents must abide by the rules set forth below and by the various rules set by the school and the league.

Competitiveness

While everyone wants to win there is **NO** justifiable reason to humiliate an opponent. When ahead with a large lead, coaches are expected to stop pressing and trapping ,to play defense no farther than the top of the key, to play all non-starters extensively, and to slow the tempo of the game. Coaches who repeatedly run up the score will face disciplinary action, up to and including termination as a coach.

Fan Conduct Policy:

Foul language or harassment of any kind towards players, officials, league volunteers, other fans or League Officials will not be tolerated at any time. All coaches are responsible for the conduct of their **fans** throughout the game. Fans will be removed from the gym for repeated inappropriate conduct during the game. This includes getting on officials, players, other coaches and other fans. If such conduct continues for subsequent games, the Diocese will instruct the League, the coach and the principal to bar the fan from attending any games

Coaches

1. Coaches are appointed by the Principal and are expected to be Christian models for the students and fans.
2. Coaches must meet the following qualifications:
 - a. Acceptance and a clear understanding of the school's mission and goals.
 - b. Ability to constructively teach all participants, regardless of skill level.
 - c. Ability to organize, run, and control practices.
 - d. Positive attitude and coaching style.
 - e. Good communication skills.
 - f. Adequate knowledge of the sport and the rules of play.
 - g. Ability to provide a safe environment for all.
3. **No coach may coach alone.** The Diocesan Code of Conduct including the "Rule of Two" must be followed at all times, at practices, team conferences as well as at games. **All coaches must be Virtus trained and background checked.** Any coach whose behavior and demeanor is not acceptable and such behavior does not enhance the goals and philosophy of the Christian Mission, may be dismissed by the Principal, the Athletic Director, or the Diocese. Behavior which is unacceptable includes:
 - a. Repeated screaming by a coach or assistant.
 - b. Threats or unrealistic punishments.
 - c. Inconsistent adherence to rules.
 - d. Foul language.
 - e. Repeated warnings without follow up.
 - f. Consistently running up the score against weaker opponents.
4. Coaches are expected to insure the participation of all team members for a minimum of three (3) minutes in all league and tournaments except for the Diocesan Basketball Tournament.

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- Athletes and coaches must conduct themselves in an orderly and sportsmanlike manner.
- If a technical foul is assessed to either a Head coach or Assistant coach, then both coaches lose the ability to walk along the sideline. Both coaches must be seated the remainder of the game (National High School Federation Rule).
- If either the Head Coach or Assistant Coach is ejected from a game, a minimum of a 1 game suspension will be enforced in the next game. The offending coach's school principal or parish administrator will get a written notification. If warranted, the Diocese reserves the right to replace the offending coach or coaches.
- Player ejection for a flagrant foul will receive a minimum of a 1 game suspension to be enforced for the next game. The offending player's school principal or parish administrator will receive written notification. If such conduct continues, the Diocese reserves the right to remove the offending player from the team roster.

Please remember these young athletes look to you as a role model. Please be respectful of one another, the coaches, the other player's and the referee(s).

Student Athlete Responsibility:

Attendance: In order to be a part of a team, you must attend all practices and games. If you are unable to attend a practice or game, you must contact either the coach or athletic director. If a practice is missed during a week without a viable excuse, that player may not participate in the upcoming game. If a student misses school, they are not allowed to play in a game that same day.

Respect/ Behavior:

It is imperative that student athletes conduct themselves well on the court and in the classroom. They must treat teammates, coaches, opposing players and referees with the upmost respect. If a player is ejected from a game, they will miss the next game. If a student is removed from the classroom or removed from practice, it will be that particular teacher or coach's decision whether that student will be eligible for the upcoming game(s).

Scheduling

It is important to note a long-time tradition that is part of "who" we are as Catholic schools.

1. NO PRACTICES OR REGULAR GAMES may be held before 12 noon on any Sunday. Some schools have disregarded this in recent years and it is unacceptable to do so.
2. Ordinarily, NO PRACTICES OR GAMES may be held on Good Friday. If it is necessary to do so, all practices/games must end by 12 noon.
3. IF A SCHOOL PARTICIPATES in a tournament away from "home," the principal and coach must provide an opportunity for the student athletes to attend Mass at a Roman Catholic Church on a Sunday or Holy Day of Obligation.

Name of School _____

September 1, 2018

Diocesan Athletic Guidelines

Girls Varsity

Girls Junior varsity

Boys Varsity

Boys junior varsity

Girls JJV

Boys JJV

Coach Name _____ Signature _____ Date _____

Ass't Coach _____ Signature _____ Date _____

Ass't Coach _____ Signature _____ Date _____

Ass't Coach _____ Signature _____ Date _____